

Pre-Wash APPETISERS

- Marinated Olives. **VG** **GF** 4.00
- Garlic Dough Balls. **VG** **G** 4.00
- Hummus, Basil Oil,
Flat Bread. **VG** **SE** **G** 5.00
- Garlic & Rosemary
Pizza Bread. **VG** **G** 5.50
- ADD VEGAN MOZZERELLA **VG** **G** 1.00

Small Loads STARTERS

- Cauliflower Wings. **VG** 6.50

CHOOSE FROM:

- BBQ **SE** - KOREAN **SY** **SP** **SE**

- ORIENTAL ORANGE & GINGER **SY** **SP** **SE**

Easy Care SALADS

- Crunchy Thai Veg Salad. **VG** **GF** **SY** **SP** 10.00

CARROTS, CABBAGE, BEANSPROUTS, **SE** **N**

ROASTED SWEET CORN, CASHEW NUTS,

ONION, CHILLI, APPLE, MINT,

THAI BASIL LIME & SESAME DRESSING

- Tricolore Salad. **VG** **GF** **MU** **SP** **SY** 11.00

HERITAGE TOMATOES, SLICED AVOCADO, FRESH BASIL,

VEGAN MOZZARELLA, LEMON & HONEY DRESSING.

- Vegan Goats Cheese &
Peach Salad. **VG** **GF** **SP** **N** **MU** 10.50

CHARGILLED PEACH SALAD,

MIXED LEAVES, CURRY CANDIED PECAN NUTS,

APPLE CIDER DRESSING

Hand Wash BURGERS

WITH VEGAN BUN, FRIES, BLOODY MARY KETCHUP.

- Cauli KFC Burger. **VG** **G** **C** **SP** 12.50

CRISPY FRIED CAULIFLOWER, KRISPY KALE,

VEGAN CHEESE, BLOODY MARY KETCHUP, VEGAN BUN.

(NOT AVAILABLE SUNDAYS)

- BBQ Jackfruit Sandwich. **VG** **SP** 11.50

SMOKEY BBQ JACKFRUIT,

PICKLED GINGER & SESAME SLAW **SE** **G**

- Vegan Beyond Burger. **VG** **SY** **G** 13.00

VEGAN "BEEF" PATTY, CRISPY LETTUCE, **SP** **MU**

SLICED TOMATO, MELTED CHEESE,

SLICED GHERKINS, FAKE BACON JAM.

Spin PIZZA

- TOMATO BASE** Margherita, Tomato, **VG** **G** 8.50

Vegan Mozzarella, Basil, **SP** **SY**

Basil Oil.

- Vegan Goats Cheese, **VG** **G** **SP** 12.00

Onion Jam, Roasted Peppers,

Rocket, Basil Oil.

- ALT. BASE** Beetroot Pesto, **VG** **G** **CAN BE GF** **N** 10.50

Vegan Goats Cheese, Wilted Kale,

Fresh Parsley, Krispy Kale

- Crispy Korean Cauliflower, **VG** 11.00

Korean BBQ Base, **G** **SY** **SP** **SE**

Vegan Mozzarella,

Sriracha 'Tini' Sauce,

Micro Coriander.

Extras DIPS

- Curry Ketchup. **VG** **SP** 1.50

Full Load MAINS

- Chickpea Tagine. **VG** **G** **CAN BE GF** 10.50

SQUASH, AUBERGINE, APRICOT, **N** **CAN BE REMOVED**

SWEET PEPPERS, POMEGRANIT SEEDS,

& TOASTED ALMOND, FLAT BREAD.

Rinse SIDES

- Fries. **VG** 3.50

CAJUN 0.50

- Sweet Potato Fries. **VG** 4.00

CAJUN 0.50

- Black Rice. **VG** 3.00

Delicates DESSERT

- Vegan Chocolate Brownie. **VG** **GF** 6.50

DARK CHOCOLATE, PEANUT BUTTER, **N** PEANUTS

SWEET POTATO.

- Sorbet. **VG** 3.50

V VEGETARIAN **VG** VEGAN **GF** GLUTEN FREE

ALLERGENS

C CELERY

G CEREALS CONT. GLUTEN

CR CRUSTACEANS

E EGGS

F FISH

MO MOLLUSCS

MU MUSTARD

N NUTS

SE SESAME SEEDS

SY SOYA

L LUPIN

M MILK

SP SULPHATES

PLEASE ADVISE US OF ANY ALLERGIES ALL OUR FOOD IS PREPARED FRESH IN OUR KITCHEN WHERE NUTS, SHELLFISH, GLUTEN & POSSIBLE ALLERGENS ARE HANDLED. PLEASE ASK FOR A FULL LIST OF INGREDIENTS & DIETARY INFORMATION.

 @THE_LAUNDRETTE

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