

Pre Wash APPETISERS

Marinated Olives. <small>VG GF</small>	4.50
Garlic Dough Balls. <small>VG</small>	4.50
Hummus, Basil Oil, Flat Bread. <small>VG</small>	5.50
Garlic & Rosemary Pizza Bread. <small>VG</small>	6.00
ADD CHEESE OR TOMATO <small>VG</small> 1.00	
ADD VEGAN MOZZARELLA <small>VG</small> 2.00	

Small Loads STARTERS

Cauliflower Wings. <small>VG</small>	6.50
CHOOSE FROM:	
- BBQ - KOREAN - ORIENTAL ORANGE & GINGER	

Spin Cycles PIZZA

<small>TOMATO BASE</small>	Margherita, Tomato, Vegan Mozzarella, <small>VG</small> Basil, Basil Oil.	8.50
	Vegan Goats Cheese, <small>VG</small> Onion Jam, Roasted Peppers, Rocket, Basil Oil.	12.50
<small>ALTERNATIVE BASE</small>	Vegan Fennel & Tomato Sausage, <small>VG</small> Broccoli, Roasted Shallots, Vegan Mozzarella Base.	13.00
	Crispy Korean Cauliflower, <small>VG</small> Korean BBQ Base, Vegan Mozzarella, Sriracha 'Tini' Sauce, Micro Coriander.	11.50
	<small>GF</small> GLUTEN FREE BASE AVAILABLE	2.00

Extras DIPS

Curry Ketchup. <small>VG</small>	2.00
----------------------------------	------

Rinse SIDES

Fries. <small>VG</small>	4.00
CAJUN. 0.50	
Sweet Potato Fries. <small>VG</small>	4.50
CAJUN. 0.50	

Full Load MAINS

Coconut Lentil Dhal. <small>VG</small>	11.00
CHARRED LIME, FLAT BREAD.	

Hand Wash BURGERS

WITH VEGAN BUN, FRIES, BLOODY MARY KETCHUP.

Cauli KFC Burger. <small>VG</small>	12.50
CRISPY FRIED CAULIFLOWER, KRISPY KALE, VEGAN CHEESE, BLOODY MARY KETCHUP, VEGAN BUN.	
Vegan Beyond Burger. <small>VG</small>	14.00
VEGAN "BEEF" PATTY, CRISPY LETTUCE, TOMATO, MELTED CHEESE, GHERKINS, FAKE BACON JAM, VEGAN BUN.	
BBQ Jackfruit Sandwich. <small>VG</small>	12.00
SMOKEY BBQ JACKFRUIT, PICKLED GINGER & SESAME SLAW, VEGAN BUN.	

Easy Care SALADS

Crunchy Thai Veg Salad. <small>VG GF</small>	11.00
CARROTS, CABBAGE, BEANSPOUTS, ROASTED SWEET CORN, CASHEW NUTS, ONION, CHILLI, APPLE, MINT, THAI BASIL LIME & SESAME DRESSING. ADD CHICKEN. 4.50	
Vegan Goats Cheese. <small>VG GF</small>	12.00
CHARGRILLED PEAR SALAD, MIXED LEAVES, CURRY CANDIED PECAN NUTS, APPLE CIDER DRESSING.	
Burrata Salad. <small>VG GF</small>	14.00
BURRATA CHEESE, HERITAGE TOMATOES AVOCADO, BASIL & BALSAMIC. <small>VG</small> ASK FOR VEGAN MOZZARELLA.	

Delicates DESSERT

Vegan Chocolate Brownie. <small>VG GF</small>	6.50
DARK CHOCOLATE, PEANUT BUTTER, SWEET POTATO.	
Sorbet. <small>VG</small>	4.00
CHOOSE RASPBERRY OR MANGO	

VG VEGAN GF GLUTEN FREE

PLEASE ADVISE US OF ANY ALLERGIES ALL OUR FOOD IS PREPARED FRESH IN OUR KITCHEN WHERE NUTS, SHELLFISH, GLUTEN & POSSIBLE ALLERGENS ARE HANDLED PLEASE ASK FOR A FULL LIST OF INGREDIENTS & DIETARY INFORMATION